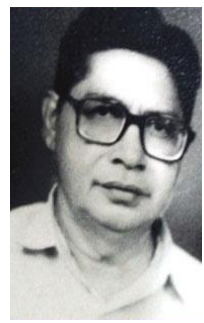


SATPUDA SHIKSHAN VA GRAMIN VIKAS SANSTHA'S

# Bapumiya Sirajoddin Patel Arts, Commerce and Science College

Kurha Road, Pimpalgaon Kale, Tq. Jalgaon (Jamod)  
Dist Buldhana Pin-443403, Maharashtra, India



**In Collaboration With**



SAHAKAR MAHARSHI SVA. BHASKARRAO SHINGNE SHIKSHAN VA  
AAROGYA PRASARAK MANDAL, KHAMGAON

## Sahakar Maharshi Sva. Bhaskarrao Shingne Mahavidyalaya,

Khamgaon, Dist. Buldhana Pin 444303



Dept. of Physical Education & Sports under IQAC

**Jointly Organizing**

**Two days**  
**National Scientific E-Workshop on**  
**“Impact of Yoga and Meditation**  
**Intervention On Students Stress and**  
**Anxiety Levels”**

**On 25<sup>th</sup> & 26<sup>th</sup> August 2021**

**Time:- 07.00AM - 09.00AM**

**on Zoom Platform**

## Chief Patron



**Hon. Adv. Salim Bapumiya  
Patel**  
President

**Hon. Shri. Vijayji  
Ambhore**  
Secretary

**Hon. Shri. Rabbani  
Deshmukh**  
Joint Secretary

## SATPUDA SHIKSHAN VA GRAMIN VIKAS SANSTHA



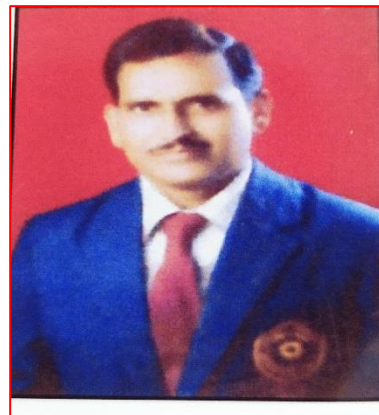
**Inaugurator**  
**Dr. Tanuja Raut**  
HOD, Physical Education,  
SGBAU, Amravati

**Chairperson**  
**Dr. R. D. Chandrawanshi**  
Physical Director  
Shri. R.L.T. College of  
Science, Akola

**Chairperson**  
**Dr. Seema Deshmukh**  
Physical Director  
S.R. Mohata Mahila College  
Khamgaon

**Chairperson**  
**Prof. B. Balamani**  
Physical Director  
Govt Girraj  
College (A), Nizamad

## Resource Person



**Hon. Dr. S. S. Sakhare**  
Ex- Vice Principal,  
Babasaheb Nandurkar  
College of Physical  
Education, Yavatmal

**Er. Neha S.  
Sakhare**  
Yoga Instructor from  
Ayush Government of  
India

**Dr. V. V. Parhate**  
HOD, Chemistry,  
Vidya Bharati  
Mahavidyalaya,  
Amravati

**Dr. R. D. Sawarkar**  
Physical Director  
Late Chhaganlal  
Muljibhai Kadhi  
Kala, Maha Vidyalaya,  
Paratwada,

# Organizing Committee Members

**Dr. F. T. Shaikh**

**Mr. M. D. Netnaskar**

**Dr. Noor Mohammad**

**Dr. S.A. Quazi**

**Dr. C. B. Palan**

**Dr. N. K. Agrawal**

**Mr. N. G. Asole**

**Dr. A. S. Jadhav**

**Miss. P. N. Bathe**

**Mr. M. P. Jambhale**

**Dr. Md.Ziyauallah**

## Organized By



**Dr. I. A. Raja**  
**Principal**

**B.S. Patel ACS College,  
Pimpalgaon Kale**



**Dr. Nilima Deshmukh**  
**Principal**

**S. M. B. Shingne  
College., Khamgaon**



**Dr. G. S. Vishwakarma**  
**Physical Director**

**S. M. B. Shingne  
College., Khamgaon**



**Dr. B.A.Sangle**  
**Physical Director**

**B.S. Patel ACS College,  
Pimpalgaon Kale**

## ➤ Registration-

- Last date for registration- 24-08-2021 till 11.00PM
- No Registration fee
- Who Can Participate – Students, Teaching and Non-teaching Staff
- Participants to download telegram app from Play store.
- E- Certificate will be issued after submitting the feedback form.
- For registration please click on following link :-

<https://forms.gle/bEjdumeo8hj9Hzin8>

- After registration join the telegram group :-

Telegram link <https://t.me/joinchat/rP11IMdN2dM2ODQ1>

# Schedule of National e-Workshop

**25<sup>th</sup> August 2021**

<b>Time</b>	<b>Speaker</b>
7.00 AM to 7.10 AM	<b>Opening Address</b> <b>Hon'ble Dr. I. A. Raja</b> Principal, B. S. Patel ACS College, <b>Hon'ble Dr. N. D. Deshmukh</b> Principal, S. M. B. Shingne College.,
7.10 AM to 7.20 AM	<b>Inauguration by</b> <b>Hon'ble Dr. Tanuja Raut</b> HOD, Physical Education, SGBAU, Amravati
7.20 AM to 7.30 AM	<b>(Chief Patron)</b> <b>Hon. Adv. Salim Bapumiya Patel</b> Founder President, Satpuda Shikshan Va Gramin Vikas Sanstha Palshi Vaidya

<b>Time</b>	<b>Speaker</b>	<b>Chairperson</b>
7.30.00 AM to 8.15 AM	<b>Hon. Dr. S. S. Sakhare</b> Ex- Vice Principal, Babasaheb Nandurkar College of Physical Education, Yavatmal <u>Topic:- Pranayam</u>	<b>Dr. R. D. Chandrawanshi</b> Physical Director Shri. R.L.T. College of Science, Akola
8.15 AM to 9.00 AM	<b>Er. Neha S. Sakhare</b> Yoga Instructor from Ayush Government of India <u>Topic:- Asana</u>	<b>Dr. Seema Deshmukh</b> Physical Director S.R. Mohata Mahila College Khamgaon

**26<sup>th</sup> August 2021**

7.00 AM to 7.45 AM	<b>Dr. V. V. Parhate</b> HOD, Chemistry, Vidya Bharati Mahavidyalaya, Amravati <u>Topic:-Yogmudra</u>	<b>Dr. R. D. Chandrawanshi</b> Physical Director Shri. R.L.T. College of Science, Akola
7.45 AM to 8.30 AM	<b>Dr. R. D. Sawarkar</b> Physical Director Late Chhaganlal Muljibhai Kadhi Kala,MahaVidyalaya, Paratwada <u>Topic:-KundalaniYog &amp; Medatation</u>	<b>Prof. B.Balamani</b> Physical Director Govt. Girraj college (A), Nizamad
	<b>Valedictory</b>	<b>Vote of Thanks</b>
8.30 AM to 9.00 AM	<b>Dr. B.A. Sangle</b> Physical Director B.S.Patel ACS College, Pimpalgaon Kale	<b>Dr. G. S. Vishwakarma</b> Physical Director S. M. B. Shingne College., Khamgaon
9.00 AM	<b>Feedback</b>	

**For Any Queries : Dr. B. A. Sangle (8275599730), Dr. G. S. Vishwakarma (8208488157)**